

Standard Drink Conversion



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One standard drink is equal to:



BEER (5%) alc.) 12 oz. (341ml)



WINE (12-17%) 5 oz.

FORTIFIED WINE 3 oz



HARD LIQUOR 1 $\frac{1}{2}$ oz
(80-PROOF)

One standard drink represents 13.6 grams of absolute alcohol



WINE: 1 Bottle

25 oz./750ml. = 5 standard drinks

40 oz./1.14 L. = 8 standard drinks

25 oz. *Fortified* = 8 standard drinks



HARD LIQUOR: 1 Bottle

12 oz. (mickey) = 8 standard drinks

25 oz./750ml. = 17 standard drinks

40 oz./1.14L. = 27 standard drinks

For lite beer or light wine, standard drinks are calculated in terms of ratio. For example, 12 oz. of a 2.5% light beer=0.5 SDs, while 12 oz. of 4% light beer=0.8.